



SALADS

ARUGULA

Arugula, Grape Tomatoes, Gorgonzola Cheese

150 CAL **\$5.99**

GARDEN

Sun-dried Tomatoes, Parmesan Cheese

90 CAL **\$6.99**

GRILLED CHICKEN GARDEN

Fresh Grilled Chicken, Sun-dried Tomatoes, Parmesan Cheese

260 CAL **\$7.99**

Additional nutrition information available upon request. 2000 calories a day is used for general nutrition advice, but calorie needs vary.

WINGS

WITH YOUR CHOICE OF SAUCES:

BBQ, Spicy BBQ, Jerk (Hot), Buffalo

6 WINGS

280 - 550 CAL **\$6.99**

12 WINGS

560 - 1100 CAL **\$12.99**

SIDES & DRINKS

CHEESE BREAD (16)

1120 CAL **\$6.99**

FOUNTAIN DRINK

260 CAL **\$2.19**



ORIGINAL GOURMET PIZZA

| | BY THE SLICE | 14" WHOLE PIZZA |
|------------------|-----------------------------|--------------------------------|
| CHEESE | 250 CAL \$3.99 | 1000 CAL \$14.99 |
| PEPPERONI | 340 CAL \$4.25 | 1360 CAL \$15.99 |
| VEGGIE | 270 CAL \$4.25 | |
| SPECIALTY | 290 - 540 CAL \$4.50 | 1160 - 2160 CAL \$16.99 |

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CREATE YOUR OWN PASTA

PASTA

FETTUCINE
GEMELLI
SPAGHETTI
SHELL

SAUCE

TOMATO BASIL **\$6.99**
VEGGIE **\$7.99**
BOLOGNESE **\$8.50**
CARBONARA **\$8.50**
PESTO **\$8.50**

SPECIAL

LASAGNA **\$6.99**
RAVIOLI 220 CAL **\$6.99**